





# Adult Intake Form

Today's Date: \_\_\_/\_\_\_/\_\_\_

Name: \_\_\_\_\_

What do you prefer to be called? \_\_\_\_\_

How did you hear about us? Friend Our Website Ad

Facebook Other: \_\_\_\_\_

Whom may we thank for referring you to Birthwell?

### Accident Information

Is condition due to an accident: Yes No

Type of accident: Auto Work Other \_\_\_\_\_

Date of accident: \_\_\_/\_\_\_/\_\_\_

Has the accident been reported? Yes No

To whom: \_\_\_\_\_

Attorney's Name: \_\_\_\_\_ #: \_\_\_\_\_

Claim#: \_\_\_\_\_

Contact: \_\_\_\_\_

Company: \_\_\_\_\_

### Condition Information

Have you seen a chiropractor before? Yes No

If yes, what for? \_\_\_\_\_

Reason for this visit: \_\_\_\_\_

When did your symptoms begin? \_\_\_\_\_

Is the condition getting worse? Yes No

Is the pain: Constant Comes and goes

Type of pain:  Sharp  Dull  Throbbing  Ache  Tingle

Numbness  Shooting  Burning  Stiffness  Cramp

Swelling  Other: \_\_\_\_\_

Rate the severity of pain (0-no pain, 10-severe): \_\_\_\_\_

Does it affect:  Work  Sleep  Daily Activity

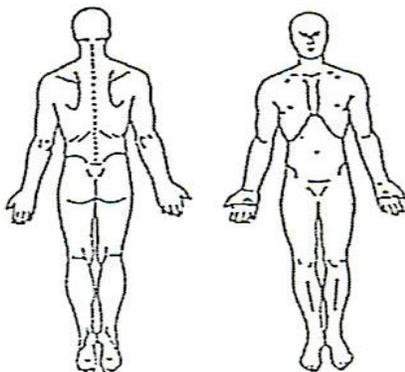
Activities that are painful:  Sitting  Lying down

Standing  Walking  Bending  All activity

Which is the worst? \_\_\_\_\_

Which is the best? \_\_\_\_\_

Please mark an X on the picture of the involved areas:



Have you received other treatments for your condition?

Surgery  Medications  Physical Therapy

Chiropractic  Other: \_\_\_\_\_

Names of Doctors who have treated you for your condition: \_\_\_\_\_

Other Symptoms:  Headache  Pins/Needles in arm/legs

Arm or leg pain  Loss of smell or taste  Fatigue

Numbness in fingers/toes  Cold hands/feet  Depression

Shortness of breath  Constipation/Diarrhea

Upset stomach  Loss of balance  Shoulder pain

Ears ringing  Loss of memory  Chest pain  Irritability

Dizziness/fainting  Nervousness  Tension

### Daily Habits

Sleep position:  Stomach  Side  Back

Work Position:  Sitting  Standing  Heavy labor  Light labor

Computer work Is your work station ergonomically correct? Yes No

Occupation \_\_\_\_\_

Exercise:  None  Moderate  Daily  Heavy

Do you smoke? Yes No Packs/Day \_\_\_\_\_

Do you drink alcohol? Yes No Drinks/week \_\_\_\_\_

Do you drink caffeine? Yes No Cups/day \_\_\_\_\_

Do you use recreational drugs? Yes No

Do you have a high stress level? Yes No

What vitamins/supplements are you taking? \_\_\_\_\_

What medications are you taking? \_\_\_\_\_

### Health History

Injuries/Surgeries you have had: Description Date

Falls \_\_\_\_\_

Head injuries \_\_\_\_\_

Broken bones \_\_\_\_\_

Dislocations \_\_\_\_\_

Surgeries \_\_\_\_\_

Auto Accidents \_\_\_\_\_

Other \_\_\_\_\_

Please select all that apply or have occurred in your life:

Anemia  Osteoporosis  Pinched Nerve  Gout

Arthritis  Heart Disease  Miscarriage  Migraines

Asthma  Herniated Disc  Multiple Sclerosis  Thyroid

Cancer  Pacemaker  High Blood Pressure

Diabetes  Rheumatoid Arthritis  High Cholesterol

Is there a family history of: Heart Disease Arthritis Cancer Diabetes

Mother's side

Father's side

When you were a child, did you have a difficult birth? Yes No

If yes, which of the following:  C-section  Breach  Forceps

Are you pregnant? Yes No Due Date: \_\_\_\_\_

I certify that I have read and understand the above information and the questions have been accurately answered to the best of my knowledge. I understand that providing incorrect information can be dangerous to my health.

Patient's Signature: \_\_\_\_\_

Date: \_\_\_/\_\_\_/\_\_\_



PATIENT NAME: \_\_\_\_\_

To the patient: Please read this entire document prior to signing it. It is important that you understand the information contained in this document. Please ask questions before you sign if there is anything that is unclear.

**The nature of the chiropractic adjustment.**

The primary treatment I use as a doctor of chiropractic is spinal manipulative therapy. I will use that procedure to treat you. I may use my hands or a mechanical instrument upon your body in such a way as to move your joints. That may cause an audible “pop” or “click”, much as you have experienced when you “crack” your knuckles. You may feel a sense of movement.

**Analysis/Examination/Treatment**

As a part of the analysis, examination, and treatment, you are consenting to the possible following procedures: Spinal manipulative therapy, palpation, range of motion testing, muscle strength testing, postural analysis, Kinesio taping, electrical muscle stimulation, and/or ultrasound therapy.

**The material risks inherent in chiropractic adjustment.**

As with any healthcare producer, there are certain complications which may arise during chiropractic manipulation and therapy. These complications include but are not limited to: fractures, disc injuries, dislocations, muscle strain, cervical myelopathy, costovertebral strains and separations, and burns. Some types of manipulation of the neck have been associated with injuries to the arteries in the neck leading to or contributing to serious complications including stroke. Some patients will feel some stiffness and soreness following the first few days of treatment. I will make every reasonable effort during the examination to screen for contraindications to care; however, if you have a condition that would otherwise not come to my attention, it is your responsibility to inform me.

**The probability of those risks occurring.**

Fractures are rare occurrences and generally result from some underlying weakness of the bone which I check for during the taking of your history and during examination. Stroke has been the subject of tremendous disagreement. The incidences of stroke are exceedingly rare and are estimated to occur between one in one million and one in five million cervical adjustments. The other complications are also generally described are rare.

**The availability and nature of other treatment options.**

Other treatment options for your condition may include:

- Self-administered, over-the-counter analgesics and rest
- Medical care and prescription drugs such as anti-inflammatory, muscle relaxants, and pain-killers
- Hospitalization
- Surgery

If you chose to use one of the above noted “other treatment” options, you should be aware that there are risks and benefits of such options and you may wish to discuss these with your primary medical physician.

**The risks and dangers attendant to remaining untreated.**

Remaining untreated may allow the formation of adhesions and reduce mobility which may set up a pain reaction further reducing mobility. Over time this process may complicate treatment making it more difficult and less effective the longer it is postponed.

**I have read the above explanation of the chiropractic adjustment and related treatment. I have discussed it with Dr. Tammy Watkins and/or Dr. Nicole Shabino and have had my questions answered to my satisfaction. By signing below, I state that I have weighed the risks and benefits involved in undergoing treatment and have decided that it is in my best interest to undergo the treatment recommended. Having been informed of the risks, I hereby give my consent to that treatment.**

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date